

# THE FLYER

Salisbury University's student voice

VOLUME 49, ISSUE 3

SALISBURY, TUESDAY, OCTOBER 11, 2016

FREE



Kathy Pusey photo

## Sea Gull Century returned for the 28th year

By RISHON SEABORN

News Editor

Sea Gull Century returned for its annual 28th year race this Saturday.

The infamous bicycling event included nearly 7,000 participants from near and far as they started and ended at Salisbury University. Even through the rain cyclists were eager to start the day with their routes.

Sea Gull Century is an exciting time for the Eastern Shore. The bicycling is one of the largest

tourist attractions of the fall season as it is projected to bring in about \$2.5 million worth of revenue throughout the area.

The cyclists had the options of riding on three different routes: the 100 mile Assateague Century, 100 mile Snow Hill and the 64 mile Princess Anne Metric. This provides the participants with a chance to enjoy the nature of Delmarva's Eastern Shore.

Cyclist Kim Fisher expressed her happiness for the return of the bicycling event this year.

"I've done Sea Gull Century 4 or 5 times so I was

really disappointed that it was cancelled last year," Fisher said. "But I mean you really can't beat this and it's for such a good cause too."

The \$90 registration fee and donations that cyclist contribute go towards several of the charities that's Sea Gull Century supports.

SEE SEA GULL, PAGE 2

## SU shows support for safe spaces and trigger warnings

By CAITLIN BURKE

Staff Writer

Trigger warnings and safe spaces are a staple item for college campuses across the United States. This summer the University of Chicago released a statement to incoming freshmen discussing their distaste for these utilities.

Dean of Students for University of Chicago John Ellison shared the university's outlook.

"Our commitment to academic freedom means that we do not support so-called 'trigger warnings,' we do not cancel invited speakers because their topics might prove controversial," Ellison said. "We do not condone the creation of intellectual 'safe spaces' where individuals can retreat from ideas and perspectives at odds with their own."

Safe spaces are used to protect and comfort students of different races or backgrounds.

Chicago graduate Cameron Okeke shared his perspective during a NPR interview.

"I'm a black U Chicago graduate. Safe spaces got me through college," Okeke said.

Okeke discussed how it was nice to be in a vicinity where people didn't question where he was from and why he was at such school.

Trigger warnings are used in many colleges where professors warn students of a sensitive or

tough reading/topic ahead. Many believe this is beneficial and will prepare students emotionally for what's to come in class.

Others disagree saying that teachers are shielding students from the harsh realities of society. Salisbury University's Multicultural Center works to serve the needs and abilities of the campus' multiethnic population.

The Office of Multicultural Services' mission statement states: Services and programs provided reflect Salisbury University's ethnic students' interests and concerns, and serve to enhance the intellectual and multicultural experiences of all students.

Activities sponsored represent an institutional commitment to create and foster an environment that values diversity while encouraging an appreciation and respect for differences.

SU Vice President of Student Affairs and Dean of Students Valerie Randall-Lee believes that campus works to benefit the needs of all students

"Salisbury University seeks to provide an educational and diverse environment for our students, as well as faculty and staff, to learn and grow," Randall-Lee said. "Ideally, students are exposed to different values, thoughts, theories and practices that encourage the development of critical thinking skills."

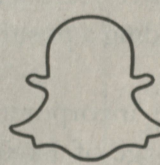
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## SUPPORT

Continued from Page 1

SU's dedication to making everyone feel welcomed.

"Some of the ways this occurs is through providing resources such as Multicultural Student Services, Office of Cultural Affairs, Office of Institutional Equity and the many educational opportunities happening in and out of the classroom every day," Randal-Lee said.

Randal-Lee shared that the students also have a role when it comes to contributing to other's college experience.

"Another important resources are the students," Randal-Lee said. "Their thoughts, ideas and the organizations they create, contribute to providing a rich and vigorous environment for learning."

## SEA GULL

Continued from Page 1

The riders' efforts assist with the following organizations: ALS Association, American Institute for Cancer Research, ASA of the Eastern Shore, Buoniconti Fund to Cure Paralysis, Cystic Fibrosis Foundation, Habitat for Humanity, Team Chase and Women Supporting Women.

There are also several other local non-profit organizations that benefit from Sea Gull Century. Their contributions provide several Salisbury University grants and scholarships.

A new Sea Gull Century scholarship was developed in memory of the late Robert Schultheis who was this year's honorary. Schultheis was a 2000 SU graduate and a past rider who's memory will continue to be remembered.

Despite the weather riders whole-heartedly came ready to bike their way through.

While some were riding there were also cycling vendors inside of Maggs Center showing their support for the cycling community as well.

Mile 1 Athletics Co-owner Diane Bradley shared her enthusiasm for cycling and her contribution to the cycling community.

"I've done Sea Gull Century's 100 mile ride at least 5 times," Bradley said. "It really is like the Super bowl for cyclist."

Bradley's passion extends beyond the bike as her company caters to cyclist wear for the cyclists.

"This is time to celebrate that you're a cyclist and this is our passion for our sport," Bradley said.

Sea Gull Century provides an opportunity for the cycling community to unite through a shared passion and become a part of a larger cause for the sake of others.

"People come from all over the country for this event--it's kind of a reunion of sorts," Bradley said. "It's a time where people from different bike clubs meet, ride, have a good time and then have dinner afterwards. It [the event] certainly captures the pinnacle of the cycling season."

# SU student launches new clothing company

By RISHON SEABORN  
News Editor

Salisbury University senior Brandon Landgraf launched a new clothing company in September.

Landgraf is a business management major who is the starter of the streetwear clothing company, Aliiive.

Aliiive has been in the works for five years. The clothing company focuses on spreading a positive message and starting a movement.

The unique spelling of Aliiive incorporates three i's which represents the message of having a third eye. The logo has influences of the eye, a lotus flower as well as a heartbeat in the midst of the design.

"Aliiive stands for an open state of mind," Landgraf said. "Being open to people, to differences, change, a new world, but more importantly a new us."

The clothing company has a unique conceptual approach. Every purchase made contributes a ten percent donation to a charity of the buyer's choice.

This allows the impact and the vision of the company to be placed in the buyer's hands--a change of perspective.

Aliiive's "10% Rule" has a selection of five different charities that consumer's donations can help fund. The organizations provided are PETA, Stand For Trees, Global Citizen, Human Rights Campaign and Hope For The Day.

These selected charities have a similar mindset to the values that Aliiive stands on. Each charity supports at least one of the causes to help the homeless, supports the environmental fight against the pollution crisis, equal opportunities for all or to help those suffering from mental illness.

Landgraf shared some other inspirational in-



Aliiive.com image

sight for new released segment ideas.

"Our blog also covers a lot of humanitarian things," Landgraf said. "One of our newest segments is 'Music with Meaning' where we take a song and try to illustrate its meaning."

The integrity of the company extends to the wholesale manufacturer of clothing guarantees that the work is not produced in sweatshops.

Landgraf shared the premises of his idea and the process of constructing his business from the ground up.

"I really learned a lot from this experience," Landgraf said. "My dad was an entrepreneur and watching him I always knew I wanted to start my own company, but I just didn't know what, I really wanted to build a connection with people."

Landgraf explained some of the inspirations that helped him establish a marketing perspective. He refers to the "Golden Circle" method and explained how a company such as Apple shares a similar foundation.

"While most companies start from the outside in focusing on what they have and how it helps the consumer," Landgraf said. "I tried to follow the model of the 'Golden Circle' and start with a why instead."

The grasp of sentimentalism is something that the company prides itself on. The investment of bringing people together is set as a high priority behind the marketing aspect.

"Through and through its transparent, and transparency is something that is important in the business world today," Landgraf said. "This is not just important for the consumer but even for the people who are supporting me now and in the future."

There will be upcoming releases of more collections in the near future. They can be viewed from the company's website: <https://aliiive.com/>.

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The Flyer is published bi-weekly, during the regular school year, and is printed by Delaware Printing Company in Dover, Delaware. A total of 1,500 copies are distributed.

One (1) copy of the The Flyer per person is free at newsstands in and around Salisbury University. Additional copies may be purchased for \$.25 each.

The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.

# THE FLYER EDITORIAL



New soda fountains are but one of many changes in Commons.  
Lilly Metcalfe photo

## Commons changes confuse customers

By LILLY METCALFE  
Staff Writer

This school year Commons has received a major facelift: new metallic tables and chairs, new sponsored Pepsi fountain drink machines, all day breakfast, new theft policies and the most noticeable being they went tray-less.

The new shiny furniture sits proudly in the center of the dining hall, but is treated poorly as crumbs from people's food, crumbled napkins and spills coat the top of the once crystal-clear glass. The trays used to protect the tabletops from this disgusting dirt and grime. Now that the trays are no longer, the tables have to suffer.

When sitting at the table one must make sure to clear the area with a napkin, from the overstuffed napkin holders, or else that bit of mysterious sauce on the bottom of the plate will land on one's shirt or hand when departing after a long meal. This is just to leave a reminder of what the tables have to suffer through on a daily basis.

The new bright Pepsi soda fountain machines create a more aesthetic appeal to the cafeteria. The blue Pepsi labeled cup colors contrast

greatly with the regular old smaller red Common's cups. The soda dispensing machines have great variety of drinks, with the exception of popular Coke products.

These machines are great in theory, but lack in taste. The ginger ale tastes like carbonated water, the Dr. Pepper loses its crisp taste and instead tastes like an extra sugary diluted liquid and then when there are no more options, water is all that's left. The upsetting thing is that even the water tastes awful as is mixes with the fruit punch or soda. Most SU students have caught on to this machine default and do a quick taste test before completely filling their cups up.

The all-day breakfast only applies to omelets and muffins. The omelet station is a great idea, but never appears to be busy. The omelet station has replaced the fried area, where there were once chicken fingers and French fries. Now, these two items have to be found elsewhere in the cafeteria. The muffins always taste good and there are always plenty of

SEE CHANGES, PAGE 4

## Overheard:

How do you feel about the availability of on campus parking?



Evan Treworgy  
senior

"I feel like there's never a spot available for those who have on campus parking permits. It always seems like people without/with other permits are taking up a majority of the spots."



Shannon Spry  
junior

"I think there's plenty of parking on campus but it can be hard to find a spot close to the library or academic buildings during the day."



Sarah Southard  
senior

"On campus parking is awful. It's almost not worth it since I always have to park far away from where I need to be unless I have class really early in the morning."



Samantha Utt  
junior

"I feel like there are never enough spots available."

Gull jams album reviews:  
Regina Spektor  
"Remember Us to Life"

## Pence trumps Kaine in VP debate

By LUKE WATHEN  
Staff Writer

The first presidential debate of the 2016 election yielded a clear winner in Hillary Clinton. Donald Trump, despite his best efforts, was too busy justifying his past controversies to score any compelling arguments against Clinton, a mistake that resulted in the democratic nominee taking a six-point lead.

SEE PENCE, PAGE 4

## Trigger warnings harm college education

By RILEY FANNING  
Staff Writer

In this new age of obsessive social justice and consistent tiptoeing around controversial topics, anything that could be potentially offensive to just about anyone is under fire. Where this is most obvious though, is on the breeding ground of overt political correctness - college campuses. There is a new order of students in universities across America, demanding trigger warnings and safe spaces.

SEE TRIGGER PAGE 5



## PENCE

Continued from Page 3

Going into the vice presidential debate, Democratic Sen. Tim Kaine and Republican Gov. Mike Pence had two different goals. Pence needed to give the often outlandish Trump campaign a sense of validity while Kaine needed to make Clinton appear compassionate and approachable, thereby locking down her lead over Trump.

Unlike the presidential debate of the prior week, both candidates held their own quite well, matching each other's criticisms with well-thought rebuttals and not simple declarations of "false" or "not true." Because of this, it is not nearly as easy to declare a winner.

Despite worthy opposition from his opponent and the burden of being a polarizing figure's running mate, Mike Pence won the vice presidential debate.

In televised debates, attitude and demeanor

almost trump (no pun intended) the content of one's argument. During the 2000 presidential debates, despite Al Gore having much more substantive answers than George W. Bush, his condescending behavior complete with sarcastic sighs and eye rolls tipped the scale of public favor to Bush.

Even earlier than that, during the 1960 debates, the first to be televised, Americans widely believed that Richard Nixon won over John F. Kennedy in terms of actual debating. However, his nervous appearance compared to the poised and youthful Kennedy ultimately caused him to lose support as well as the election.

Tim Kaine unfortunately kept with the tradition of un-presidential conduct during the debate. Though both candidates had prided themselves on not engaging in smear tactics, Kaine launched

right out of the gate criticizing Trump and Pence's supposed admiration of Russian President Vladimir Putin.

Pence, on the other hand, learned from his running mate's mistakes regarding losing face in response to criticisms. During the majority of the debate, he kept calm and collected, offered some sort of justification for Trump's proposals and leveled constructive criticisms against Clinton.

In the end, it boiled down to Kaine attacking Pence and Pence attacking a Clinton surrogate.

Time will tell what will become of this debate, but for the time being one thing remains clear: Pence won. This could very well lead to a rise in Trump support and a loss in popularity for Clinton, bringing this long election back into a dead heat.

## CHANGES

Continued from Page 3

them available throughout the day.

There has been a new theft policy posted in the napkin holders, signs when entering and leaving the cafeteria and on the website.

Directly taken from the SU Commons page, "Salisbury University Dining Services has zero tolerance for theft. Persons caught stealing food, china, silverware or other University property from a University Dining Services location will be subject to disciplinary action for violating the University's Student Code of Conduct and/or arrest by University Police. The only food allowed out of the building is a single, hand-held, unwrapped item being actively consumed."

This may seem a bit excessive, especially placing it in the napkin holders, but students need to be cautious when taking a piece of fruit. This policy needs to be elaborated on because what is the difference of someone sitting in commons all day and eating multiple meals, compared to someone taking a piece of fruit they couldn't get the chance to finish.

After the trays left, it has caused a lot of unexpected outcomes. The first mentioned earlier, the tables are soiled with dirt and due to the heavy influx of students entering the cafeteria there is no

time for the workers to clean the tables before new people sit down.

The second outcome is the heavy traffic no trays causes. Students have to reenter the food area to get a drink or a plate of something else to go with their salads.

The third outcome is that students are more likely to drop things off their plates when carrying them to tables or to the dish area. Which leads to spills and messy floors that need to be continuously mopped which can lead to slips and falls.

Commons, although has its flaws, has a large variety of food and a few great staff members to help make it a place Salisbury University students have to eat for the first year and will continue to come back the following years after that.

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## Gull jams album reviews: Regina Spektor, "Remember Us to Life"

By DREW LACOUTURE

Staff Writer

The queen of piano rock-pop returns with an elegant new project. Despite being seven albums deep, Regina Spektor has remained admirably consistent and has stuck to her guns creating unpredictable and personal songs. "Remember Us to Life" is no different.

This album will satisfy long-time fans and intrigue newcomers, but both will agree that the middle part of this album is the strongest. The hip-hop styled "Small Bills," the heartbreaking "Black and White" and the gloomy "The Trapper and The Furrier" help keep interest in the album high.

Not to say that the earlier cuts or tail end of the album are weak, but "Bleeding Heart" is a dull opener and "The Visit" while pretty to the ears, does not leave an emotional punch like an album's closer should. However, "Older and Taller" is a remarkable underdog anthem about being young while "Obsolete" is a bittersweet ballad with beautiful piano playing from Spektor.

Along with her top-notch performing, Regina is still writing incredible lyrics with "Obsolete" being strongest; "I can hear you listening in/To my thoughts, to my dreams/What I want, can't compete/Obsolete." The only song that feels somewhat underwritten is "The Light."

Regina is one of the few artists in her league that can have a familiar sound, yet remain unpredictable. For example "Small Bills" does not sound like any other song of hers, but she makes the hip-hop style beat and subject matter of wasting money work.

Several of these tracks sound like they came from a Broadway musical with

Regina starring as her thought-provoking self. The different movements of "Selling of Flowers" and "Grand Total" have such a lively feeling that every play after the first will feel new.

This album could have used more percussion throughout to make songs as gripping as "Small Bills," but it is clear that a large budget was put into this album. The production on the album, outside of "Bleeding Heart," is all precise and complimentary of Regina's talent as an artist.

The strings of "Selling of Flowers" and "The Trapper and Ferrier" help give the album a theatrical feel. Music videos for these songs will definitely make for some great storytelling and dramatic imagery.

This album might be a bore to some listeners because of its initial obsession with ballads but each song really does have a unique flavor after several listens. "Tornadoland" is a track that clicked after three listens. "Older and Taller" is another track that initially seems like every song like it, but its message and instrumentation shines through the seemingly overused structure.

"Remember Us to Life's" status as Regina Spektor's best record is up for debate, but this a solid listen to new and old fans alike. Fans of her more vibrant albums might find it to be a little sleepy, but multiple listens should change this notion. With only a couple of duds, and a lot of personality (as usual) Regina continues to stun the "life" out of everyone.

The Flyer gives "Remember Us to Life" a 7/10.



consequenceofsound.net image

## TRIGGER

Continued from Page 3

A trigger warning is a statement made before a piece of media warning it could contain sensitive material. Safe spaces are a notion usually attached to trigger warnings, which refer to a place on campus where students can come together to discuss their experiences and ideas without censure or opposition.

On college campuses, there has been strong pushback for trigger warnings to be used by professors in the classroom. Recently, American University's student government has started an initiative campaigning for mandatory trigger warnings, and many other campuses have followed suit.

The topic of trigger warnings was especially ignited earlier this year when the University of Chicago sent out a letter to the incoming freshmen class informing them that the school was not in support of trigger warnings or safe spaces because they allowed for students to "retreat from ideas and perspectives at odds with their own."

Last year, Brown University made headlines when their use of a safe space was immensely criticized. A debate was scheduled where one of the speakers would denounce the term "rape culture". Many students were enraged, and with the help of the university created a safe space room filled with cookies, blankets, bubbles and play dough for those who were triggered by the discussion.

The basic idea behind trigger warnings is not completely atrocious, but the implication they impose on campuses proves to be harmful. The limitation of what can and cannot be discussed due to personal experiences leads to a under-informed generation of coddled young adults. Some topics and conversations are uncomfortable, but stifling the possibility of discussion is much worse.

College isn't the same as the real world off of campus perimeters, and trigger warnings don't conveniently pop-up before something distressing happens in your life. Being open and willing to discuss ideas with people who aren't exactly like you is a crucial skill to develop.

Many campuses have cancelled visits from various speakers because of student uproar over the possibly triggering person or topic. When controversial speakers, such as libertarian speaker Milo Yiannopoulos, have made appearances on campus, they have been yelled over and disrespected.

Instead of universities supporting immature behavior of screaming over and silencing views opposite of one self, there should be a call for intelligent and mature debate through curating a well-executed argument defending your viewpoint.

The concept that people and ideas that could be controversial or triggering to some, should be labeled or banned is a knock against freedom of expression and speech, and ultimately limits us all.

While we may not agree with people or everything they have to say, we should always fiercely advocate for their right to say it.

# LETTER TO THE EDITOR

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# THE FLYER GULL LIFE

## Student services you should be aware of in the new GAC

By KAYDEE JONES  
Gull Life Editor

\$117 million bought Salisbury University's new Guerrieri Academic Commons (GAC), and with it came an expansion of services aimed at assisting students with their education.

The 224,071 square-foot building is the new home of the Center for Student Achievement (CSA) and the University Writing Center, which previously were housed on the second floor of the Guerrieri University Center (GUC).

The move gave 3,940 square feet to the Writing Center and 9,841 square feet to the CSA, according to an SU press release.

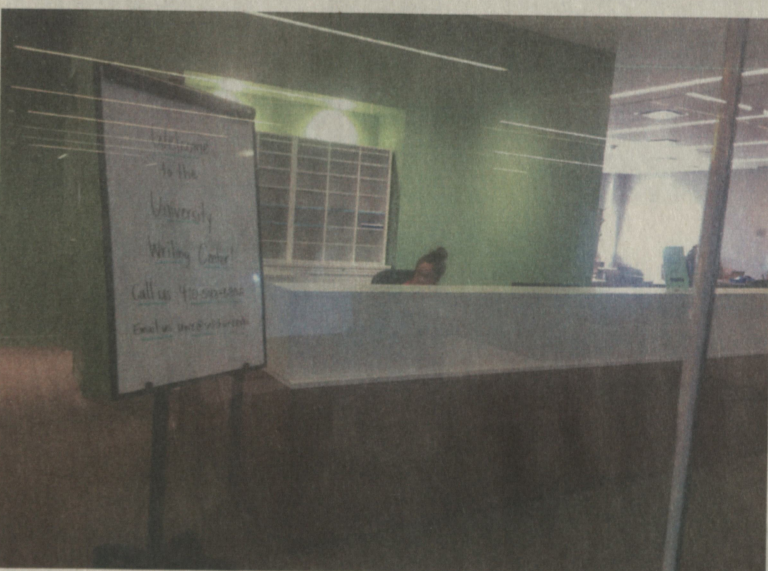
Heather Holmes, the director of the CSA, said that they support 95 courses with Supplemental Instruction (SI), 60 with tutoring and provide other services to students such as academic coaching and assisting with time management and test and note-taking. She said that the expansion has gone a long way to better equip these services for student success.

There are now SI classrooms, a tutoring lab and other open-study spaces to spread resources out and give everyone more space, Holmes said.

"The best thing is that the resources are centralized for students. It's all right here on the second floor," Holmes explained.

Holmes pointed out that previously, if a student needed help with research, they would have to make the long walk from GUC to Blackwell Library. Now, the librarians are right downstairs and they are willing to collaborate with the CSA and its students.

The new space also helps the CSA maintain recognition among peer schools, Holmes said. She added that she hopes students will come in to the CSA early and often, and ask questions.



Amy Wojtowicz photos

## The constant pressure of peer pressure

By HALEY DICK  
Staff Writer

According to a 2013 study conducted by the National Institute of Alcohol Abuse and Alcoholism, 59.4 percent of full-time college students ages 18–22 drank alcohol in the past month compared with 50.6 percent of other persons of the same age.

Teenagers and young adults across the nation are pressured nearly every day to fit in with the college lifestyle. No student is exempt from this peer pressure at any institution, not even students here at Salisbury University.

"Freshman year I used to get pressured a lot, because I didn't normally drink, but I eventually gave in, accepted and adapted," junior Trevor Gabel said.

Peer pressure may be a common encounter but it does not get any easier to deal with. College students face frequent run-ins with peer pressure from many of the people in their lives—from close friends to athletic teams to fraternities and sororities.

"Peer pressure is hard to resist, especially when it's from your friends," sophomore Qahsheerah Sabr said. "I say this because no one wants to be the 'party pooper,' or be the one to not engage in the fun and not be 'boring.' People can say 'no' to peer pressure by avoiding situations that would provoke them to do something unwanted, making up an excuse, or simply saying 'no.'"

When growing up and transitioning into young adulthood, your parents or mentors always tried to instill good morals and values into your daily lives whether you noticed it or not. They aimed to prepare you for the difficult moral choices that life inevitably throws your way.

Sabr shared an incident in which she stuck to the values that her family instilled in her, as well as her common sense and personal moral code.

"A situation I was peer pressured into doing something was in high school when all of my classmates were using oxy in Ocean City for senior week. I declined and removed myself from this situation by making up an

"There are so many resources on campus," Holmes said. "Take advantage of everything being centralized."

The Interim Assistant Director of the Writing Center Gayle Metzger said the space is three times bigger than the old space, which provides more room for work tables and independent study rooms.

However, the biggest change for the Writing Center is that it is much easier to accommodate students who cannot get to SU. According to Metzger, tutors can use Zoom, an application like Skype, to collaborate with their students face-to-face. Previously, tutors could only call over the phone which is not as personal or collaborative as video chatting, Metzger said.

Metzger and Stephanie Davis, the Writing Center's administrative assistant, said they have noticed that many more students have walked in and asked about their services since the transition to GAC. They think it has to do with being more visible and accessible on campus and not being tucked away like they were in GUC.

"Everyone can always benefit from getting feedback from their writing," Metzger said. "Improvements can always be made."

A student can make up to two appointments per week with the Writing Center, and the tutors come from a variety of different backgrounds and can assist with many different types of assignments.

Academic Commons also has TriO-ACHIEVE Student Support Services, the Math Emporium and the Office of Undergraduate Research under its roof. The Information Technology (IT) Help Desk, a Maker Lab and Library Services and Research Help sit on the first floor of the building and are free for students to use as they need them.

The student resource departments within GAC have varying hours. Visit <http://www.salisbury.edu/library/hours.html> for more information.

Ally Loverde graphic

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## Fall comes to SU: 3 ways to celebrate fall and eat locally

By KRISTEN PEAKE  
Staff Writer

Fresh leaves on the ground. A warm aroma of cinnamon and nutmeg. Crisp air and breezy days. Cool nights with bonfires. It's hard to believe, but fall is here.

Growing up in western Maryland, I brought many of my family's fall traditions with me to the Eastern Shore. Much to my surprise, the coast isn't short of some of my fall favorites: pumpkin patches, corn mazes and local farmers markets.

Just down the road off Route 350 is Adkins Farm Market, home to their famous pumpkin patch and corn maze.



Adkins Farm Market is located on 31493 Mount Hermon Rd. Kristen Peake image

Besides their pumpkins and gourds, Adkins also sells a variety of fall items such as hot peppers, tomatoes of all sizes, locally made jellies and jams, sweet, mild, and hot pickles and fall plants for indoors and out.

Locally grown produce is a great alternative to the typical grocery store assortment. By eating locally, not only do you know that you are eating wholesome produce, you are also contributing to

the local economy, which is a win-win for everyone. You know what you are getting is both fresh and fairly harvested.

Besides the multi-colored mums which are perfect for porches and backyards alike, buying the fresh produce is an excuse to make a healthy and wholesome meal. Here are a few of my family's favorite recipes:

### Hearty Homemade Chili

This is one of my favorite crockpot recipes. I can throw all the ingredients in the night before, let them sit overnight in the fridge, and turn it on low in the morning. This can even become a vegan option if you leave out the ground beef.

#### Ingredients

1 lb lean ground beef (substitute ground turkey or chicken as well)  
1 Medium onion\*  
2 Smaller bell peppers (any color)\*  
1 Medium jalapeño\*  
2 Tablespoons of garlic\*  
3 Cups chopped fresh tomatoes (can will work as well)\*  
1 8-ounce can of kidney beans  
1 8-ounce can of pinto beans  
1 8-ounce can of black beans  
1 Tablespoon cumin  
1 Tablespoon chili Powder  
Salt and pepper to taste

#### Procedure

If using ground beef, cook in a skillet until outside is browned, set aside  
Chop veggies into bite-size pieces and lightly season with salt and pepper  
Add beans to pot, mix  
Add veggies and ground beef  
Season with chili powder and cumin  
Season with salt and pepper  
For stove: add all ingredients to pot, bring to a boil and reduce to a simmer for about 30 minutes until thickened.  
For crockpot: add all ingredients to crockpot either the night before or in the morning. Set on low for about 6 hours.  
Serve with toppings like sour cream, cheddar cheese, and green onion.

### Penne with Roasted Butternut Squash Sauce

This is one of my go-to fall vegetarian pasta dishes. This sweet/savory dish combines the robust flavors of fall with the delicious whole wheat pasta. This is a great recipe you can make for one or for a dinner party.

#### Ingredients

3 Cups butternut squash\*  
3 Tablespoons of Extra Virgin Olive Oil (EVOO)  
2 Tablespoons of butter  
1 Cup diced red onion\*  
1 Tablespoon of garlic\*  
1 Cup of vegetable stock (low-sodium)  
1 Tablespoon of sage  
1 1/2 Tablespoon of dried thyme  
1 Teaspoon of cinnamon  
1 Teaspoon of nutmeg  
1 Cup 2% milk  
Salt and pepper to taste

#### Procedure

Preheat oven to 400 degrees  
Cube Butternut Squash into one inch cubes  
Toss in EVOO and add salt and pepper  
Roast for about 25-30 minutes until tender  
Soften butter in a pan and add red onion until slightly soft (1-2 minutes)  
Add garlic and spices  
When Squash is tender, add to blender with vegetable stock—purée until smooth  
Add mixture to onions and garlic  
Whisk in milk, mix until sauce thickens  
Start pasta of choice, preferably a whole wheat penne or spaghetti  
Finish with Parmesan cheese

### Pumpkin Cake

This final recipe is not quite as healthy as the other two, but this treat is my Aunt Sandy's famous pumpkin cake. A combination between sweet pumpkin pie and vanilla crumb cake, it is an easy dessert that utilizes boxed vanilla cake mix to save time and money.

#### Ingredients

1 30-ounce can of pumpkin pie mix  
1 5-ounce can of evaporated milk  
2 Large eggs  
1 Package of yellow cake mix  
1/2 Cup (1 stick) melted butter  
1 Tablespoon vanilla extract  
1 Tablespoon pumpkin pie spice  
1/2 pecans (optional)

#### Procedure

Preheat oven to 350, grease 9x13 baking dish  
Mix pumpkin, milk, eggs and vanilla in a large mixing bowl  
Mix butter, cake mix, spice and pecans  
Add pumpkin mixture to baking dish  
Sprinkle cake mix over pumpkin mixture  
Bake for 50-55 minutes until golden brown  
Serve with vanilla ice cream or whipped cream

\*denotes items that can be purchased at local farmer's markets

Adkins Farm Market is located on 31493 Mount Hermon Rd. and is open Monday through Saturday 9 a.m. to 6:30 p.m. and Sunday 10 a.m. to 6 p.m.



By: L. A. Bonté



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## Club Corner: SU Student Film Society

By **HALEY DICK**  
*Staff Writer*

From music and dance to math and computer science and everything else in between, students at Salisbury University express their passions in a variety of different ways and the Student Film Society is no exception.

The organization creatively collaborates to decide which movies to show. The group's members have a brainstorming session at the end of each semester to plan the films for the upcoming semester.

Dr. Elsie Walker is the club's advisor and she described the club's purpose as being to support and foster the love of film and film analysis in the SU student community.

"We're really concerned with film culture, which is why diversity and year of release are important to us," Hannah Jones, SU Student Film Society president said. "We don't want to just show today's blockbusters; we want to show students pieces of film history."

The first screening of the semester was "Back to the Future" on Friday, Sept. 23, and all of the future screenings will be free and viewable by students in Fulton Hall room No. 111. The plan for the upcoming semester is as follows: "Donnie Darko" (Oct. 21), "The Princess Bride" (Nov. 4), "Fight Club" (Nov. 18) and "Willy Wonka and the Chocolate Factory" (Dec. 2).

"Each screening is a chance to meet and chat with other students who love cinema, and each screening takes place in the Fulton 111 auditorium which was

recently completely renovated to become an optimal space for film screenings," Walker said.

The Student Film Society's posters can be found on display in the Guerrieri University Center, and they rotate when an upcoming screening is approaching. The posters from the previous semester, the current semester and next semester have been and will continue to be designed by SU student artist Nick Thrift.

The members of the club express their love for film by having different viewings and participating in movie debates. They also express their appreciation by choosing films to screen that they feel deserve to be watched by college students. On top of that, they sponsor the SU Student Film Festival, which will be held on May 12 in Fulton room No. 111, where student films from across the globe are screened.

"My favorite part of being in the Student Film Society is seeing and meeting so many students who have an interest in film," Jones said. "We like to hold discussions after our screenings for anyone who wants to participate, and it's just neat to see business majors or education majors or any non-film major have these really analytical opinions about a film. It's fun to share film culture with students who don't already have it integrated into their curriculum."

## Hungry Minds serves meals with a side of disappointment

By **KAYDEE JONES**  
*Gull Life Editor*



Justin McClure

Generally speaking, people are not okay with change. Even so, it's safe to say that a lot of Salisbury University students, including myself, were more than ready to experience the brand new Academic Commons, and all of the benefits that came with it when it opened this fall.

Then Hungry Minds happened.

Hungry Minds Express is a restaurant in GAC that is the equivalent replacement of Gull's Nest, which used to be located in GUC. In the four weeks that Hungry Minds has been open, it has been nothing short of a disappointment.

My first experience at Hungry Minds was met with confusion. The Gull's Nest days were gone where you peered at the menu and then gave your order to an employee, who gave it to the cooks so you could go on your merry way with your order slip to the cashier.

In the Hungry Minds world, students create their order on a touch screen. When they push "complete order," two receipts print out and students are expected to give one receipt to a cook, and the other to a cashier.

This wouldn't be so bad if you didn't have to stand around awkwardly most of the time for a few minutes for a cook to be available to take your slip. Perhaps a simple order basket would help aid this confusing system.

Better yet, Hungry Minds could take a look at Wawa's food ordering system. Customers order with a touch screen like Hungry Minds, but the orders go straight back to screens on the cooking side so that the cooks can see them right away instead of taking the time to wrangle up receipts.

The other bothersome thing about GAC's eatery is the price tag. A plain cheesesteak with fries and drink combo at Hungry Minds comes to \$12.72. A long

cheesesteak from Gull's Nest was \$9.39, according to the menu still hanging up inside of the door.

I couldn't locate how much a combo with fries and a drink was; however, fries alone cost \$2.19, which still adds up to be more than a dollar less than the Hungry Minds price. This doesn't even take into account the customization of food and adding of ingredients which Hungry Minds charges for. There was no evidence that Gull's Nest did the same when it was still open.

The difference may not be astronomical, but it adds up quickly for college students.

The space itself is also an issue. The ordering area cannot support the capacity of the students that are always in there. In addition, there is significantly less seating than there was for Gull's Nest which can be problematic for students who want a place to eat their food other than on the floor.

I realize this isn't something that has an easy fix. No one has the power to magically expand the place. But perhaps a better set up, which could probably be attained by simply moving the huge chip rack from the middle of the room and moving or adding two more drink machines into the hallway where the microwave sits, would make a huge difference in the ordering and waiting process.

Some positives of Hungry Minds are the variety of different options on the menu. Patrons can choose from a long list of food items and then customize their order (for extra money, of course) which is more satisfying for consumers than picking from a shorter list like Gull's Nest had. And let's

be real, the food in general is way above Gull's Nest's quality, which makes it worth the rather long waits, which of course could be due to the popularity of the establishment.

Areas they should work on from a student perspective would be to add a section in their menu about the specials. They are advertised on the screens and signs but they aren't easily accessible—a student told me they had to design the special on their own. Perhaps there is already a tab that escaped my gaze, but I didn't come across it in my look through the menu.

A suggestion box would also be a simple change that would make a huge difference to students with complaints. If one exists, it doesn't stick out, which defeats the purpose of a suggestion box.

I want to stress that I don't blame the workers at Hungry Minds—it's evident they work hard to get food out in a timely manner and, from what I've seen, they get orders right most of the time. I've seen vast improvements since I first visited the establishment during the opening week of school. For instance, no one knew what set of numbers to call out at first but now the cashiers write it on the top of your receipt to avoid confusion on the part of the customer.

I also realize it may not be fair to compare it so heavily to Gull's Nest, but as a student that has been a part of this campus for almost five semesters, it's hard not to.

Despite my complaints, I'll probably still frequent Hungry Minds because of its convenient location in the library. There are areas where Hungry Minds can improve, but this is true for every restaurant. I look forward to seeing how the establishment grows and changes in the coming weeks.

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# THE FLYER SPORTS

## Under the feathers: Katie Stouffer

By **CHRIS MACKOWIAK**  
*Sports Editor*

No. 2 Katie Stouffer  
Senior Outside Hitter for Salisbury Volleyball  
Hometown: Frederick, MD

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## Veteran talent alongside new faces leads an unstoppable SU football secondary

By **LUCAS MCCOY**  
*Staff Writer*

The Salisbury University football team has been off to an excellent start in the 2016 season. With a game on Oct. 8 marking the season's halfway point, the Sea Gulls look to remain undefeated and pick up their fifth win in a row.

The Sea Gulls statistically rank first in total offense in the conference so far this year, averaging almost 490 yards-per-game. While this is a tremendous feat in itself, a key part of Salisbury University's football team has been on the other side of the ball with their defensive play.

The Salisbury defense is ranked first in passing defense among all other teams in the New Jersey Athletic Conference (NJAC). The secondary unit of the Sea Gulls have added a few different players to their group this year, and it has worked out tremendously for them.

SEE TALENT PAGE 9

## Defense and assists set the backbone of SU volleyball's winning ways

By **LUCAS MCCOY**  
*Staff Writer*

The Salisbury University volleyball team has been handling their competition lately and is currently on a six-game winning streak. With a record of 13-5, the Sea Gulls are now set to begin the bulk of their conference play.

The Sea Gulls have an incredible front line of players led by junior Sydney Davis and senior Katie Stouffer. While these two players are the ones racking up the kills and scoring the majority of the points, the defensive unit and setters are what has been the core of the team so far this season.

Head coach Justin Turco and his team are coming off of a terrific 2015 campaign and are only looking to build on that this season. With upperclassmen making up more than half of the team, veteran leadership has helped the Sea Gulls to success this season thus far.

"The key to our success and the key to having a really good defense has been practicing," Turco explained. "We practice at a level that we try to compete at, and the whole team has done well from this. I would say everyone that holds a spot is just as important as anyone else in that defensive back row."

SEE DEFENSE PAGE 9



One of Brennan's best attributes is his ability to communicate with his teammates from within the goal.  
Megan Findle image.

## For Dan Brennan, soccer is not a game but a journey

By **CHRIS MACKOWIAK**  
*Sports Editor*

For athletes, the call each day to go out onto the field develops their love of the sport and competition. That love is a yearning always present in their system. Players become coaches once they leave the game, and for some players, they may leave the game but the love tugs at them to return.

The itch to get back onto the soccer pitch is what drew Salisbury men's soccer senior goalkeeper Daniel Brennan to the team. His love for soccer has guided him from Edwardsville, Illinois, a northeast-suburb of St. Louis, to Louisville, Kentucky and then on to Salisbury.

The six-foot goalkeeper began his career in his hometown at Edwardsville High School, where he was a four-year starter. During his high school career, Brennan led his team to multiple appearances in the state playoffs. He claimed all-state honors in both his junior and senior years alongside tallying over 30 shutouts and a goals-against-average under 1.00 for his career.

Statistics like these drew in top schools like the University of Louisville to recruit him. The next stop on the journey for Brennan was over 260 miles out to the Kentucky city upon his acceptance to join the 2012 class.

"That first year, it was just figuring out my weaknesses, what I needed to be better at. They had a great staff there that was able to teach me a lot. Not necessarily about goalkeeping, but the game of soccer as well," Brennan said, who redshirted his first year at the Division I university.

Brennan spent three years at Louisville, where injuries shadowed him following the initial redshirt year. His first starts came in his third year there in 2014, when he started to shift his focus more toward his education. A change was needed for the goalkeeper so that he could get his body working again and also to get his mind right. His first priority became to finish his degree.

"At that time, I really didn't want to focus on soccer, it was a big part of my life and it had been for quite some time, but I felt like I needed to focus on other things, figure out what kind of path I wanted for the rest of my life," Brennan said.

The East Coast came to mind for Brennan when he was contemplating where to figure out the rest of his career. The senior had seen much of the nation after living in the Midwest and then travelling to areas on the West Coast, and so the East Coast intrigued him as a new place to explore. At the end of the day, it was the academics that drew Brennan to Salisbury University, not soccer.

"I didn't come to Salisbury to play soccer. I came to finish school. It was something where I had surgery last September, and then February I got the itch [to play] again," the SU goalkeeper said. "Really, it was just a chance. I had maybe been a week out of surgery. I was hobbling around on crutches and sat down in TETC. There was a soccer player sitting across from me wearing a shirt for 'SU Soccer,' and we started talking," he continued.

From there, the lucky encounter with a Salisbury men's soccer player led to a conversation with head coach Alex Hargrove, who was approached by the player that met Brennan.

"I knew that we were going to need some help [at goalkeeper] in this 2016 season. So, if we have someone on campus already with that experience, it was a no-brainer to reach out and see if there was interest in training with us in the spring," Hargrove said.

After that, the rest is history; Brennan came out for the team and made it. Now, he finds himself as a goalkeeper in a Division III soccer program over 900 miles from his native state of Illinois on the third stop of his career.

Such a long journey across the eastern side of the country has left Brennan with plenty to reflect on, especially when contrasting his time on both a Division I program and the Division III team that he is with here at Salisbury.

At Louisville, the goalkeeper was used to a culture that involved exceeding everyone's expectations. Hefty goals such as winning a national championship were always on the board.

SEE JOURNEY PAGE 9



## TALENT

Continued from Page 8

"When it comes to our secondary I have to start with Shane Gaines, because he's the returning defensive rookie of the year in our conference," head coach Sherman Wood explained. "He has definitely provided a lot of leadership, and he has made sure that our team chemistry is much better than it has been in the past."

Wood had high praise for his leader Shane Gaines, as well as two other veterans of the secondary unit, junior defensive back Mark Davis Jr. and senior defensive back Christian Wilson. With these players being recognized as the true veteran leaders of the secondary unit, Wood also highlighted some new players that have made big contributions.

"We've been picked on the last couple of years, so we wanted to get a little more athletic in our secondary," Wood said. "We have a couple new guys with a little more athletic ability, guys like Jorri [Matherson] and obviously Andre Boone. Those two kids have really helped us out a lot."

The emergence of these two new players has helped the Sea Gulls to four straight wins to start the season. Senior defensive back Jorri Matherson, a transfer student, has learned a lot in just a short amount of time and has come in as a huge spark for the team.

"All of these guys have taken me in and have taught me as much as they know, and really given me everything they have," Matherson said. "We have so much talent on this team, and the guys have really pushed me hard. The players took me in and pretty much made me one of the guys, so it made it easy transitioning with them giving me everything I need to know to be successful."

Not only has Matherson transitioned well with his teammates, he has transitioned exceptionally well on the football field. Matherson notched two interceptions in the same game against conference opponent Southern Virginia University two weeks ago. By playing the way he has, being a transfer does not even matter because he has proven himself as a capable leader of the team.

"I want to lead by being an example more than anything, and that is by how I act on and off the field," Matherson said. "It's not so much about what you say, but more about what you do."

While Matherson has come in as a transfer and made an immediate impact, another source of the Sea Gulls' athleticism in their secondary unit has come from freshman defensive back Andre Boone. Even though Boone is just a freshman, it seems like transitioning from the high school to collegiate level has not been a problem at all.

"It's definitely been a process, of course, coming from the high school to collegiate level. It has been a different level of competition, speed and strength," Boone explained. "I feel I have been able to manage it well though, as far as the time management and life in general. My teammates and I are all like brothers so it has been easy for me. We've been like a family on and off the field."

Boone has shown absolutely no signs of slowing down when having to adapt to a faster paced game. Boone has already piled up 24 total tackles and one interception in the first four games, and he received the award of NJAC Defensive Rookie of the Week after his performance against Southern Virginia University.

"My goals week to week would just be to get better every day, and improve on things I didn't do the week before," Boone said. "I want to maintain my consistency, but also play higher than the level that's expected."

## JOURNEY

Continued from Page 8

"That created an environment where guys were constantly getting on each other, constantly pushing each other to make the right pass," Brennan said.

Something he's been able to carry over from his previous experience is his ability to keep pushing his teammates as far as they can go.

For Hargrove, the best qualities he sees Brennan bringing to his Division III program are skills he learned throughout his career, including at Division I in Louisville.

"Within that deeper understanding of the game, his ability to communicate and organize the ten players in front of him goes a long way towards keeping his hands pretty inactive throughout the match," Hargrove said. "Every keeper has got their ability to keep the ball out of the net. I'd say Daniel's strongest [ability] is to organize the men in front of him so the ball isn't even making it there."

After putting academics first on his way to Salisbury, Brennan now takes on another responsibility for Hargrove: tutoring the up-and-coming freshman goalkeeper Samuel Roy.

"For me and [senior goalkeeper Robert Fiackos] that's the biggest thing. We're seniors so we're going to be playing for most of the games this year, but once we leave, Sam's going to be the eldest goalkeeper. For us, it's teaching him the qualities that coach wants in a goalkeeper," Brennan said.

Roy will surely learn a lot from the two, especially with the journey Brennan has been on. Now he settles down to finish his academic and athletic careers at Salisbury.

The calling Brennan felt to return to the game he loved has changed both Salisbury men's soccer and his own personal character for the better.



Megan Findle image.

## DEFENSE

Continued from Page 8

The Salisbury University volleyball team only has 5 losses after 18 games of play this season, but now the challenge really begins. The Sea Gulls will play conference opponents for the majority of the rest of their games, and Turco is looking to build on his team's success day by day.

"We have been improving a lot week to week, and our team goal has been to just win one game at a time," Turco said. "We take every game to heart, and every day we just try to get a little better. This is a really good team working hard, challenging each other in practice, so we just try to improve every day."

Junior setter Alexis Howatt has played a very key role in her team's success so far this season. With her veteran leadership, she is able to act almost as a director to her team and set up other players for success during the game.

"As a setter, my job is to set the balls for the hitters and run the plays," Howatt explained. "I am almost like a quarterback, because I call out plays for every ball before we execute them."

Positioning is crucial because the setter essentially dictates which hitter will have the opportunities to score points. While every position plays a key role during the game, without the help of a good setter, the team could fall apart quickly.

"My job obviously affects the hitters, but our entire team does a really good job of executing plays together," Howatt said. "We are definitely an older team, we have all played together for more than just one year and I think that really helps with executing good plays."

Another key area that has been covered well by the Sea Gulls is the defensive specialist position. The defensive specialists are the backbone of the team and without them, none of the plays to the setters or hitters are able to be executed.

"As a defensive specialist, our job is basically being the first point of contact and trying to initiate the play for the setters and hitters," senior defensive specialist Shannon Russell said. "The setters can't set the ball and the hitters won't get the opportunity to score, so you can't really do anything without the initial first pass from my position."

The Sea Gulls have played against some stiff competition so far, so they are well and prepared for their conference games forthcoming.

"We've had a really good season so far and played a few teams that are ranked top-10 in the country," Russell said. "We have definitely learned from those games what we need to work on, what we have done well, and what we need to do well, and it has really helped us grow as a team."

## Under the feathers: Katie Stouffer

By CHRIS MACKOWIAK

Sports Editor  
@cmackowiakSGSN

No. 2 Katie Stouffer

Senior Outside Hitter for Salisbury Volleyball  
Hometown: Frederick, MD

1. What are your majors/minors?

Early Childhood Education Major, Elementary Education Major, Athletic Coaching Minor

2. What made you want to play volleyball at and come to Salisbury?

"I knew I wanted to come to Salisbury University for the education program, and seeing the successful volleyball program and the welcoming athletics facility made the school that much more perfect for me."

3. What has been your favorite moment as part of SU volleyball while here at Salisbury, and why?

"I have loved being a part of the family that is Salisbury Volleyball. Each teammate that I have had has become a family member, and somebody that I know cares about me as a person. Each year, we as a team are competitive and want to get better on the court, but volleyball has never been the first priority of this team. It has always been the well-being of the members of the family. It has made such a difference for me on this campus knowing that whatever I do, I will have encouragement, support, and help from all my teammates and coaches."

4. You're listed as an outside hitter, but have you always played that position? What do you enjoy about your part on the court?

"I have actually always been an outside hitter, and I love this position. I love blocking and hitting and all the aspects that come with being an outside hitter, but I absolutely love watching my teammates get a great dig, a great set and then I am in position to finish the point."

5. What are your goals both individually and as a team for this season?

"Individually, I want this last season to be my best season. I am working on having a high kill percentage as well as making my way to be a 6 rotation player and playing all around. For the team, we are focusing on winning today. Whatever that looks like, we want to win today because that sets us up to win tomorrow. We are focusing on winning one game at a time."

6. As a senior, what are you looking forward to learn or improve on during your last season?

"This year, I am excited to cap off a great career with a stellar last season. This year, I want to see how far I can push myself, but also my teammates. With such a large senior class, my hope is to encourage some of the underclassmen to really step into roles of leadership now, because this will be their team in the years to come."

## Unpopular opinion: Showalter, Orioles managed game just fine

By JUSTIN MCCLURE

Editor-in-Chief



Fred Lum/The Globe and Mail image

7. What is your favorite part of Salisbury University Athletics or your team-environment here at SU?

"I really love all the people that work with Salisbury Athletics. Everyone is so inviting, but also encouraging. It is such a great feeling having people that I do not even know congratulate me on my team's win. There is so much pride for this school's athletics, and the support is tremendous. Maggs definitely feels like a second home."



Salisbury University image

8. What is your favorite part of campus life at Salisbury, and why?

"I have loved being a part of the campus ministry Fellowship of Christian Athletes. I have met so many great people that share my faith and want to learn more about Jesus Christ, but also have that same competitive drive to be better in athletics. We all support each other and go to each other's games on campus, it is a really amazing community. I have made deep relationships with some incredible people through this campus ministry."

9. What are your hobbies and interests off the court?

"Playing the ukulele, spending time outdoors with friends and family, going to church, working with young kids, going to watch other sporting events, volunteering with YoungLife ministries, playing with my puppy Oliver, reading, watching movies, going to the beach, hiking, camping, shopping around at thrift stores, or basically anything with great friends!"

10. Where is your favorite place to go for a meal or snack on or off-campus? Favorite food?

"I will never deny popcorn. Any time. Any place. It is my all-time favorite! I also really love Mexican food and sushi. Both very different, both very delicious."

11. Is there something unique about you that many SU volleyball fans don't know?

"I spent this past summer in Southern California with an internship through the Fellowship of Christian Athletes-Volleyball. For 10 weeks, I trained with D1 and D2 volleyball players from around the country learning more about ourselves and who Jesus calls us to be. I was able to train in both beach and indoor volleyball and get stronger and faster physically, while going deeper in my faith. It was a life changing experience that I will cherish all my life."

With many Salisbury University students representing myriad states from the mid-Atlantic region, it was clear to see which ones were from Maryland prior to yesterday's American League Wild Card game.

Campus was set ablaze in a wave of orange, black and white as devout Baltimore fans sported their colors for the game as the Orioles (89-73) were set to take on the Toronto Blue Jays (89-73).

Some were in bed some were on the edge of their seats but as the hour approached midnight, Blue Jays' Edwin Encarnacion belted a shot heard round Baltimore as the ball cleared the outfield wall, and then some, of the Rogers Centre. The three-run home run came in the bottom of the 11th inning as the Orioles lost 5-2, ending their brief postseason push.

As the celebration and uproar subsided for the Blue Jays, many Orioles fans, baseball fans and professional analysts critiqued the Orioles and manager Buck Showalter for the decisions that were made during the game — the most notable being why didn't Cy Young candidate and star closer Zach Brit-

SEE ORIOLES, PAGE 12





## ORIOLES

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ton not pitch?

Britton, who led the American League in saves (47) mentioned that it was frustrating to sit in the bullpen and watch his team struggle while he couldn't do anything about it.

But Showalter knew exactly what he was doing.

After the top of the ninth inning, the game was tied at two runs apiece. At this point in time, some argued that Britton should've gotten the nod to come in, but instead Brad Brach pitched relief, followed by Darren O'Day, Brian Duensing and finally Ubaldo Jimenez, who gave up the three-run shot that ended the game.

Buck Showalter was playing a game of scenarios all night and he wanted Britton to close the game, to "save" the game for the Orioles and propel them to the American League Divisional Series – it just didn't happen that way.

According to Gregor Chisholm and Brittany Ghiroli of MLB.com, Showalter said that Britton was fine.

"I considered a lot of things during the course of the game, but our guys did a good job getting us to that point," Showalter said. "We just couldn't finish it off. Yeah, he was available."

The Orioles gained an early lead as designated-hitter Mark Trumbo, who led the majors in home runs, blasted a ball over the left field wall scoring centerfielder Adam Jones answering Jose Bautista's solo home run innings earlier. Following that, however, the offense was relatively stagnant.

Then Orioles ace Chris Tillman (16-6) gave up a single to Ezequiel Carrera that scored Michael Saunders tying the game for six-straight innings. Mychal Givens relieved Tillman after that and forced a crucial 5-4-3 double

play that got Baltimore out of a jam.

Matter of fact, Mychal Givens, Brad Brach and Darren O'Day combined to force three double plays that kept the scoring in check and gave the offense an opportunity to put up some runs on their end, but there was nothing doing.

The Baltimore hitters were aggressive, impatient and at times undisciplined as they chased after the first pitch and swung at balls in the dirt.

Credit is due to the Blue Jays whom outlasted and persevered through a pitching duel turned chess match, but the Orioles did not help themselves by any means.

In Showalter's perfect world, the big bats would put up some runs and Britton would come in to close the game. However, with extra innings, Showalter needed pitchers that could continue the game and not close it.

The bullpen was stellar last night and even though Jimenez gave up the long ball, it came during a time when the struggling pitcher had improved his performance significantly. Showalter said that Jimenez had been pitching the best out of all of the Orioles' pitchers, at that point in time.

The wild card game was nothing more than two fighters slugging it out, it just so happened that Toronto delivered the knockout punch. If there's something to be upset about it should be the lack of offensive production from a team that led the majors in home runs this season.

As for Britton, he didn't deserve to step on the mound until the Orioles had the lead going into the bottom of an inning.

Nonetheless, it was a good season for the Orioles and in the words of Buck Showalter, "I like our guys."

## UPCOMING SALISBURY UNIVERSITY HOME SCHEDULE

### FIELD HOCKEY

10/12 VS. YORK (PA). 4PM

10/19 VS. CNU. 6PM

### FOOTBALL

10/22 VS. KEAN. 1PM

### MEN'S SOCCER

10/12 VS. MARYMOUNT (VA). 4PM

10/15 VS FROSTBURG ST.. 1PM

10/19 VS CNU. 3:30PM

### WOMEN'S SOCCER

10/15 VS FROSTBURG ST.. 1PM

### WOMEN'S VOLLEYBALL

10/14 VS MARYMOUNT (VA). 7PM

10/15 VS. ST. MARY'S (MD). 2PM

10/25 VS. WESLEY. 6PM



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